

Leash Manners and Polite Greetings—Week Five Homework Tracking

Skill to practice	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Walk toward distractions, 5-10 reps, 5 sessions							
Walk past distractions on the ground, 5-10 reps, 5 sessions							
Walking by people and dogs, 5-10 people or dogs, 2-3 sessions							
Stopping near people and dogs, 5-10 people or dogs 2-3 sessions							
Motivational walking with you 5-10 time, each walk you take							
Walk up, say hi, brief pets, call away 5-10 reps, 2-3 sessions							
Free time and circle work, most walks							

Walk toward distractions—use treats, toys, friends, novel items, or smells on the ground. Walk toward the item, stop, wait for your dog to orient to you (auto-attention), then release your dog to investigate. Do set ups first, then try with real world distractions.

Walk past distractions on the ground— use treats, toys, friends, novel items, or smells on the ground. Walk past the distraction. Use distance to help make it easy for your dog. Reinforce generously! Use set ups first, then try with real world distractions. After your dog walks by, let them go and investigate.

Walk by people and dogs—go to a place to practice. Choose a place that is at the right level for your dog—don't try West Cliff if your dog can't handle people and dogs that close (yet!). Choose places where you can create some distance. Practice walking by.

Stop and hold position near people and dogs—go to a place to practice. Choose a place that is at the right level for your dog—don't try a busy coffee house if your dog can't handle people and dogs that close (yet!). Choose places where you can create some distance. Practice stopping, having your dog sit or stand next to you for 15 to 30 seconds.

Walk up, stop, say hi, brief pets, call away—you will need a helper for this (or you can practice with an invisible helper). Take one-step towards a person, have your dog stop and sit or stand. Your helper walks up and stops 4 to 6 feet away. Reward your dog for holding the sit for up to 30 seconds. Then cue the "go say hi" and "pets," have the person pet briefly, and call away immediately.