

Leash Manners and Polite Greetings--Week Two Homework Tracking

Skill to practice	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Let's go, 5-10 reps, 5 sessions							
Pattern training, 5-10 reps, 5 sessions							
Step, stop and hold with person walking up, 5-10 reps, 5 sessions							
Teaching "pets," 5-10 reps, 5 sessions							
Offered attention new location, 5-10 reps, 2-3 sessions							
Asked for attention new location, 5-10 reps, 2-3 sessions							
Find the spot/reinforcement zone new location, 5-10 reps, 2-3 sessions							

Let's go/turn and go—start with your dog into the heel position. Say, "let's go" then turn 180 degrees away from your dog and walk a few steps. As your dog catches up, reward at your pants seam. Repeat. Gradually add to the number of steps between rewards. Let's go 1-2-3 steps; 1-2-3-4 steps; 1-2-3-4-5 steps; etc.

Pattern training—choose a pattern such as a circle, square, figure 8 or weave/slalom. Practice walking this pattern in both directions so that your dog learns to move and turn with you as you move. Reinforce for attention, keeping up, and following the turns.

Pets!—this is teaching your dog a cue that means someone is going to touch them. It helps reduce arousal/excitement on greetings with people. Say "pets" and then pet your dog in the manner a friend might say hello to your dog. Reward for 4-feet on the ground.

Step, stop, and hold with person walking up—you will need a helper for this (or you can practice with an invisible helper). Take one step towards a person, stop, have your dog sit or stand next to you. Your helper walks up and stops 4 to 6 feet away (or further if needed). Reward your dog for holding the sit or stand for up to 30 seconds. Then walk away without greeting!

Offered attention new location—this is when your dog orients to you without your asking. For this class, we will be working on offered attention with your dog standing or sitting next to you

Asked for attention/name game, look, or kissy noise new location—We generally ask for attention by using the dog's name, but if you have been using "look" or a kissy noise, that is fine too. For this class, we will be practicing this with your dog standing or sitting next to you.

Find the Spot/reinforcement zone new location—move your dog into the "spot", move together by saying, "let's go", taking one step away from your dog, reinforce your dog for catching up to the "spot". The "spot" or "reinforcement zone" is when your dog's head is right next to the seam of your pants (calf, knee, thigh or waist depending on your dog's height).