

Rocket Recalls, Solid Stays, and Real World Leave it!

Your reading materials are located at <https://www.gooddogsantacruz.com/handouts/>. Look under Intermediate Life Skills class. Your handouts for this class are:

Coming When Called

Leave It

Stay 1, 2, 3, Advanced

Week Two Homework Tracking

| Skill to practice | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 |
|------------------------------------|--|-------|-------|-------|-------|-------|-------|
| Call offs using the name game | | | | | | | |
| 12 foot come to stop in front | | | | | | | |
| Leave it—adding your word | | | | | | | |
| Leave it—holding eye contact | | | | | | | |
| Sit stay for 30 seconds one treat | | | | | | | |
| Down stay for 60 seconds one treat | | | | | | | |
| Sit and down stays moving away | | | | | | | |
| Do your distraction list | 30 items and rank them! See “come” handout | | | | | | |

Call offs with the name game: Put something at a distance from your dog (toy, treat, person). Make the distance easy enough that your dog can respond to you easily!! Say your dog’s name + “yes” on the head turn + tossed reward + send your dog to the distraction; and repeat. This should be easy enough for your dog to succeed that she is excited to do it!

12 foot come to stop in front: (Do not start in stay) Say “come”, step back several feet, wait for the sit. Use high value food reward. Do this once a day for 5-10 repetitions.

Leave it: Read pages 1-2 of the handout. Practice the Doggy Zen exercise. Try to move through so that your dog has a solid verbal cue and can perform with an open hand by our next class. Also work on your dog holding eye contact for a few seconds.

Sits and down stay for duration: Aim for 30 seconds to hold a sit and 60 seconds for a down. Work on the length of time first, then on using fewer treats during the stay until you can treat at the end.

Stay and down stays with movement: Choose either sit or down for this exercise. Make sure your treats are in your pouch or on a counter nearby. Say, “stay” and take one step away, go back and treat. Say “stay” and take two steps away, go right back and treat. Continue in this way until you can walk away in different directions for up to 10 steps. Always go right back and reward. Work on distance separately from duration.

Distraction list: Come up with at least 30 things that you can use to practice with your dog—hats, shoes, toys, treats, etc. Make them things that you have control over. Rank those distractions from easy to hard. You may have 3-5 distractions at each level. Bring one of your easier distractions with you to class next week.

When you are practicing, break it up with short bursts of play. Also, end each session with a few minutes of settle on your mat. Let us know if you have any questions!