

KITCHEN CHALLENGE

Why bother with kitchen & mealtime training?

Because you want to teach your puppy not to be underfoot while you are busy in the kitchen, and not to beg for food or steal food off the counter or table.

But train when you have time for it. Thanksgiving Dinner, for example, is probably not the ideal day for puppy training. On such occasions, crate your puppy or put him in his confinement area with a good bone or chewie.

While cooking.

Decide the following:

- Where will your puppy be while you cook?
(On a mat? Lying outside the kitchen?)
- What will your puppy be doing?
(Lying down? Sitting? Chewing a bone?)
- How will you handle things like dropped food or food sitting on the counter?
(Leave it? Using a baby gate to prevent his access?)

Prepare tasty treats to reward your puppy for doing whatever you decided to ask him to do. Remember to reward calm behavior often.

During dinner.

Decide the following:

- Where will your puppy be during your dinner?
(On a mat? Behind a baby gate? In his crate?)
- What will your puppy be doing during your dinner?
(Lying down? Chewing a bone?)
- What will you do if he jumps on you or tries to get food off the table?
(Time him out? Put him in his confinement area? Tell him to leave it?)

Prepare tasty treats to reward your puppy for doing whatever you decided to ask him to do. Remember to reward calm behavior often. Keep your treats handy so you can get to them easily.

After the meal.

Assess how the training went.

- What did your puppy do well?
- What needs extra practice?
- Is there anything you want to do differently next time?

Along with the Kitchen Challenge, this week please practice:

Homework Tracking

Skill to practice	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Sit and release							
Name game							
Come when called							
Leave it							
Food Bowl Training							
Handling exercises							
Sit for everything fun							

This week, review the following handouts:

- Kitchen Challenge
- Come When Called (Recall)
- Leave It
- Behavior Vaccine #2: Sharing Is Good

If this is your first week of class, please also review:

- How to Socialize Your Puppy
- Handling and Touching
- Puppy Mouthing
- Housetraining
- Clicker and Other Reward Markers

You can find all of your homework handouts on our website:

<https://www.gooddogsantacruz.com/handouts/>